

The 6 Hour Investment That Could Save Your Life!

Here is your chance to grab a fistful of real world, practical self-defense know-how and skill! Prof. Mark Bryans, 6th Degree Black Belt in *American Combato* is now offering a powerful, encapsulated presentation of *serious, war-proven, no-nonsense* unarmed self-defense and practical knife combat technique!

In six information-packed hours you'll be taught:

- **BASIC UNARMED PERSONAL DEFENSE**
- **HOW TO USE A KNIFE TO DEFEND YOURSELF IN ANY EMERGENCY**
- **HOW TO DEFEND AGAINST A KNIFE-WIELDING CRIMINAL**

You'll be taught techniques that are reliable, learnable, and retainable! And while no one can become an expert in close combat and self-defense in six hours, you will learn more about real world combatives in the Program than many *black belt* holders in the classical/traditional "martial arts" ever learn!



TO LEARN MORE ABOUT THE POWERFUL, INTERNATIONALLY RESPECTED *AMERICAN COMBATO (JEN-DO-TAO)* SYSTEM, VISIT OUR WEB SITES:

WWW.AMERICANCOMBATO.COM –and– WWW.SEATTLECOMBATIVES.COM

If you have always wanted to learn solid, practical self-defense that you can rely upon to defend yourself and your loved ones, CALL TODAY!

“Real World Self-Defense”: 928.308.2285

Saturday, January 23rd, 2010

9am – 12pm, 1pm – 4pm