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SWORD and PEN

Official Newsletter of the International Combat Martial
Arts Federation (ICMAF) and the Academy of
Self-Defense

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www.americancombato.com

www.seattlecombatives.com

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E d i t o r i a l

The Place Of Firearms In Combat Arts Training

FIREARMS provide a very *limited* function in the study of individual combat and self-defense. Guns are lethal weapons, and their use in self-defense *absolutely must* be restricted to those situations where a defender is convinced beyond question that his life or the life of another innocent person is immediately endangered. Absent that conviction, a firearm must not be drawn against another human being.

Put another way: You are justified in shooting a person when it is so important

that he be stopped immediately that it literally does not matter if he dies in the process.

It is possible that law enforcement organizations and military services may in certain instances teach their members otherwise. If so, that is *their* concern, and the concern of those who belong to such agencies and services. **For the private citizen, or for the police officer or soldier who is at the time functioning in the capacity of private citizen, we stand by our counsel. It is, we readily proclaim, *not* legal advice; but it is our personal advice based upon more years of experience, training, research, and study than most of our visitors have been alive.**

While being very limited purpose weapons, firearms — specifically **handguns** — certainly must be recognized as *essential* weapons. For cases where life and limb are directly imperiled, there is no better coping tool than a powerful, reliable handgun. A handgun can be carried inconspicuously on the person all day long. It is readily accessible, powerful, and truly wipes out all differences between the defender and his or her attacker, as far as size, strength, and experiential formidability in hand-to-hand combat skills are concerned. *So give up any ridiculous idea that you may have that — should you be a “black belt” — you don’t need a gun!* You certainly don’t need it to train in a classical dojo, or to compete to your heart’s content in whatever kind of combat **SPORT** you may fancy. But for a rounded and comprehensive ability to defend yourself in the real world, protect your home and family, and be ready to do so at any age and in any kind of physical shape you may be in at the time, **guns** are essential. (**Note:** We urge anyone to become informed of the laws pertaining to firearms ownership, possession, carry, and use, wherever he lives. **Do not obtain, carry, keep, or use *any* firearm unlawfully!**)

Like unarmed combat, the use of weaponry has taken a severe turnoff from its original and intended purpose. Just as there are thousands today who confuse sporting competition — *especially* the MMA/UFC thing — with preparation for hand-to-hand combat and unarmed self-defense, many believe that their participation in events like IPSC “combat” shooting matches

or similar competition events, is synonymous with preparing to handle a deadly armed encounter. If you happen to believe this, we respectfully suggest that you rethink the matter; because you could not be more incorrect.

In *American Combato* we teach the handgun at Black Belt level (or prior to that, in certain special cases) as a tool of close combat survival, for employment in **self-defense**. That's it. We're not concerned with creating "champion shooters" who garner medals; and we are not at all interested in the use of a handgun *outside of the close combat context*. We respect the sport shooters and their activity. We understand that many **do** wish to become competitive shooting champions. We know that many enjoy hunting with handguns, and, although that is not of interest to us, we have no quarrel with those who enjoy it. We simply are focused on one and only one purpose for the handgun: **It's use as a combat weapon to save the life of its possessor, or possibly to enable its possessor to save the life of another person.**

To achieve our objective we obviously gravitated to the long-proven **point shooting method**, as developed by William E. Fairbairn in Shanghai, and as proven *hundreds and hundreds of times in real combat, on the mean streets and in the alleys of that City*. Later, during WWII, point shooting once again proved itself. It was taught to commandos, rangers, raiders, and to the spies, saboteurs, and guerrillas of the British SOE and our American OSS. The FBI adopted it, and it served that outstanding law enforcement organization's special agents for decades. The great modifier and teacher of point shooting during the war years was Rex Applegate. In reality, Applegate altered nothing in regard to the core principles of point shooting, but he did innovate the concept of raising the shooter's arm to shoulder level, after being inspired by his discovery that that had been Wild Bill Hickok's method. Thus the term "point shoulder" came about.

We were a student and colleague of Rex Applegate for over 25 years. We also learned directly from a former FBI agent who, during WWII, had learned at the hands of Fairbairn and Sykes, personally.

During WWII more than 10,000 men passed through the training center at

Camp Ritchie, Maryland, and were taught point shooting. The process (and these were men who were largely unfamiliar with firearms, initially) took less than **six hours**. Within that brief block of training, individuals who in most cases had *never handled a sidearm before* acquired the ability to use their weapons properly, with lethal accuracy and effectiveness, with an expenditure of **less than one box of ammunition!** We recall Applegate telling us that it usually took about 25 to 30 rounds per student. **No less crucial for the prospective pupil of combat handgun technique to understand is the fact that, once acquired, the natural point shooting method was RETAINED BY THOSE WHO HAD LEARNED IT.** (Quite correctly some of the “name shooting schools” counsel their students that the skills which they acquire are **perishable**, and retraining on a regular basis is necessary if the shooters do not practice seriously on an ongoing basis — usually including competition. *This is correct!* The so-called “new technique” of the handgun — which such schools teach as it was developed, or who teach their own variation of — **does** require retraining! That is because the “new technique” is not a *natural* method. It bears the same relation to actual combat point shooting that the flying side kick bears to the low side kick to the knee, that is taught in a quality unarmed combat program. ***For the real world under real close combat conditions you need point shooting. Period.*** And that is what we teach.

Our inclusion of shooting instruction — and the place to which we relegate the handgun as a personal weapon — derives from the reality of deadly violence, and the actual, *known* circumstances of handgun employment in combat. We tie unarmed action in *with* the use of the handgun (and with the knife, stick, tomahawk, and improvised weapons) because, in the **real world** unarmed *and* armed combat often combine.

We are not doctrinaire regarding a student’s choice of personal handgun. We do provide a few guidelines, which include:

- Recommending no less than a .38 Special (revolver) or .9mm (semiautomatic) weapon

- Urging the purchase of a weapon of top quality only —— even if it is very expensive
- Recommending that the student *not* have his weapon modified until or unless he discovers that he would benefit personally from having one or more modifications done, solely to **suit himself**
- Always using factory made ammunition of the highest quality for carry and home defense
- Having more than one carry mode (and, often) more than one handgun, in order to accommodate the inevitable variety of clothing and weather conditions under which his sidearm(s) will be carried
- Breaking a handgun in well —— by firing at least 200 rounds through it at a range —— so as to be certain that it functions reliably and that you are familiar with how it feels when you fire it —— before carrying it, or before laying it beside you at bed time, on your night table.

For modern self-defense we use modern weapons. The handgun heads the list of those modern weapons that you might have to rely upon at a moment's notice in order to react to and defend yourself against sudden violence. It is surely a very restricted, limited purpose weapon; however, when and if you ever *need* it, you will need it very, very badly, indeed.

Training in the combat use of the handgun is **essential** for the modern student of real world self-defense.

Note: We have owned and been using firearms since we were a boy in the Bronx, attending elementary school. We remember how it *used to be!* We ordered our rifles (we had no handguns then) from Sears Roebuck, and the postman delivered them! That was in the 1950's. Subsequent to that we trained in combat handgun techniques, and include the combat pistol (revolver and semi-auto) in the weapons curriculum of *American Combato*. We are certified by both the late Col. Rex Applegate as a teacher of his and

Fairbairn's **true** combat shooting method (i.e. point shooting), and by the late Col. Jeff Cooper (whom we respect but whose method we do not follow or teach).

Bradley J. Steiner

*"The very atmosphere of firearms
anywhere and everywhere restrains
evil interference - they deserve a
place of honor with all that's good"*
— *George Washington*

Prioritization

“THERE have been many famous boxers and wrestlers who time after time have won their contests with their favorite blows or holds. . . . they had so perfected those particular blows and holds that few could withstand them. The same applies to you. If you will take the trouble to perfect one method of attack, you will be far

more formidable than if you only become fairly good at all the methods you will be shown.”

——— Quoted directly from the famous *Introductory Speech* to Fairbairn’s “Silent Killing Course” of WWII.

THE admonition to “perfect one method” that is expressed in the speech from which the above has been extracted applies in 2016 no less than it did in the early 1940’s, with but one small modification.

Students today training in the Art of *American Combato* will, thanks to the presence of no wartime emergency as existed when the abbreviated Course given by Fairbairn was taught, have months and years to learn, practice, and train hard; not merely a few weeks. So, naturally, they will be able to learn much more, and will have the time to perfect more than one method of attack. However, no attempt should be made by students, regardless of how many months or years they train, to acquire encyclopedic *mastery* of everything taught in our System. *Our System contains a massive amount of war-proven, combat effective and reliable skills because we want all of our students to perfect their own best techniques from among all of those techniques that permit them to enjoy a polished, complete, “personalized” and fine-tuned “tailored to their unique individual physiological and psychological qualities” system.* Fairbairn’s Course was necessarily an encapsulation of those techniques that could be taught very quickly and easily *and that were suitable to just about anyone*. But when culled completely from the world’s effective skills from many methods, there is a very comprehensive body of doctrine (all of the wartime systems’ quality, but some suiting individual pupils slightly better). With the time, interest, and energy available to learn what suits you *perfectly*, why not take advantage of it?

There are **three** categories of techniques as far as the individual student is concerned . . . even in *American Combato*, a system that has collected and integrated into a logical curriculum *all* known *practical* and *reliable* techniques for close combat and self-defense. The categories are:

Category 1:

Techniques that fit the student perfectly. He likes and has confidence in the extreme in these particular techniques. He can do them perfectly, with balance, speed, power, accuracy, and automatically, under combat conditions.

Category 2:

Techniques that the student likes and feels are practical, that he needs a bit more practice on, but that he wants to integrate into his personal repertoire.

Category 3:

Techniques which, for whatever reason, he simply does not favor or feel fully effective with ——— even after seriously practicing them.

The student of close combat and self-defense should ***completely drop and discontinue practice of*** category three techniques. He will certainly find that he is far better off drilling in and *mastering* category one and two techniques. In American Combato *we train, over time, in a sufficient number of skills so that **every individual student** can zero in on those that suit himself best, and that are decisively effective in offensive and in counterattacking close combat.*

With limited time due to work or school, and/or with insufficient energy, **only category one techniques need be mastered.** And note the word “mastered”. Just as Fairbairn admonished his short-term students to perfect one method instead of many (knowing they had time enough to do that ——— and in fact after doing that they ***were indeed*** a force to be reckoned with; and were enormously successful when they met the enemy in combat) **we urge YOU to abide by that principle, and perfect *that which suits you, perfectly, instead of becoming fairly good in a greater quantity of skills.***

If you train in a true **combat** system then the techniques will all be simple and practical ——— **and very destructive.** Remember, your objective is defeating a dangerous violent criminal, or ——— if you are in the military ——— an enemy who want to kill or to capture you. *There is no wiggle space here!*

Techniques will be versatile and very adaptable.

Since our own *American Combato* is the martial art we know best, we will use it to illustrate a good, realistic objective for the trainee who is in the study as a serious, long-term student.

The core of American Combato consists of:

—— 8 *Fundamental, Foundational Skills*

—— 16 *Key Basic Blows (With many variations)*

—— 30 *Key Attack Combinations (With infinite variations)*

—— 30 *Key Counterattacking Situations (With infinite variations)*

(The above references *only* the **UNARMED sections** of our Method. Weaponry is also taught, but is not pertinent to this discussion.)

If a student **PERFECTS** the fundamentals, 8 of the basic blows, 6-8 of the attack combinations, and a couple of dozen of the 125 individual situational solutions contained in the 30 counterattacking modules, that will be enough for him to be able to defend himself well, and to launch vicious attacks in any desperate military combat predicament, or life-threatening emergency. **He need not try to learn everything that is in the System, and he does not need “everything” that is in the System. He needs a thorough mastery of that which he can do best. All of the techniques are viable. Over time he must master and retain those that are viable for himself.**

If you are not a student of ours (live or DVD) then use common sense to apply the principle of prioritization that we have here described. Your abilities will be sharper, more effective, and very dangerous to any assailant.

Best of luck.

LEARN SOMETHING!

Go to YouTube. Enter “US Army Special Forces vs. Peruvian Special Forces”. **Study** what is said on that video and especially what you see. A simple “tiger’s claw thrust”. No B.S. and this is **not** some “MMA” or “UFC” sport. This is **REAL**. See what works for real?

But How Well (And For How Long) Can You Do It?

SOME things must be noted about the majority of “martial arts” programs and “self-defense” courses which *karate*, “*kung fu*”, *ju-jitsu*, etc. teachers offer the self-defense seeking public (and occasionally, the military):

- Skills that demand the level of expertise possessed by the *teacher* in order to be effective are of little value to the majority of students — unless of course they become long-term devotees, and practice assiduously for years. And, of course, *continue* to practice, because the ability to use complicated or acrobatic movements is rapidly perishable **without continued, regular**

practice.

- Most people who take up martial training quit after one to several months. *In the majority of cases* that which they had been taught during their training will be useless to them and likely completely forgotten within a year or so.
- Many classical *karate*, *ju-jutsu*, etc. systems teach skills that severely diminish in effectiveness after a person passes middle age. Even **masters** of these elaborate systems *retire* from serious training; ironically this means that at a time in life when one becomes a most attractive target for felonious scum, one ceases to keep up effective defense training in order to deal with scum!
- Very frequently heavily emphasized techniques (like punching, complicated throwing, high kicking, sport grappling, etc.) turn out to be not only 100% **useless** for the students who train in them when they are immersed in a real emergency, but literally *impossible* to perform well ——— even if mastered ——— unless ideal conditions present themselves that duplicate those conditions which existed during the training they had taken.

When deciding on what to study decide realistically. If you want to be a competitive champion that's great. That is a rough, tough game ——— for the most part a young man's game ——— and you will need to train very hard and consistently. It's best to begin this training in your late teens. On average you should be able to continue as a competitor for perhaps ten to fifteen years, assuming that you compete often and go up against first class fighters. If you are serious about classical training you should be able to continue that training for life, with certain adjustments that will need to be made as to pass beyond your middle years and into your senior years. If your concern is self-defense and **only** self-defense than you will not do any competition or sport. You will perhaps select *some* classical karate, “kung fu”, or ju-jutsu moves, but largely your focus will be ——— and should be ——— on very destructive and dangerous techniques, carefully practiced, and ***maintained*** for life. *And these are the kinds of techniques that your teacher should be teaching you.*

Self-defense is neither game nor sport, and your instruction should constantly

reiterate that by emphasizing your focus on **real world attacks** and skills that are ruthless and harmful. Although there may be a few techniques in any comprehensive combat curriculum that you don't feel suit you well, just about everything should be simple, easily learned, easily retained, and *very easily brought to a level of expertise assuming you practice hard and regularly*. If you work through a **complete** combat curriculum you will have a balanced and effective repertoire of techniques, even if some do not suit you. This is because there are always more ways than one to handle the types of situations that you will be training to defend against. Additionally, the most effective all-defense/all combat methods are *predominantly offensive*. That is that train you to take the war to the enemy, preempt him, don't let him begin his attack without **attacking him!** *American Combato (Jen•Do•Tao)* pioneered this approach in a full martial art back in the 1970's. Today, some others have followed suit. **It works.**

Remember, don't be dazzled by the performances of classicists who are competitive sportsmen and who are in a different venue. They are in many cases impressive in what they do, but if your objective is plainly defense and close combat you need something else. Self-defense is for **life**. Self-defense is never to be utilized against anyone unless you have no choice but to defend yourself or a loved one. *Everything it instills has as its objective the swift and certain injury, maiming, or worse when doing so is necessary to save innocent life and limb*. This is why it **must** be simple, aggressive, harmful, retainable, and workable **for real** regardless of your age.

DVD Course NOW AVAILABLE!



(You Can Learn Self-Defense and Close Combat At Home!)

Here are a few comments about us and what and how we teach, from a handful of the many genuine

authorities in the field of close combat and self-defense who are familiar with us and with our work:

“Brad Steiner is one of the three finest instructors of close combat and self-defense that I know of, in the world”

— James R. Jarrett,

Former U.S. Army Special Forces and LAPD SWAT/Protégé of the late, internationally famous defensive tactics and baton master, Robert Koga. Mr. Jarrett holds a 5th degree Black Belt and is a renown firearms, self-defense, and counterterrorist instructor. He is a former university professor and an author.

“ [Brad Steiner] is simply the finest teacher of any subject that I have ever had . . . I feel deeply blessed to be able to know and to study under him”

— Greg Anderson,

Third degree black belt, author of *Weapons At Hand*, accomplished professional athlete (wrestled at the national level and played college football), world-acknowledged authority on physical training, author, and Director of Ideal Exercise, one of the finest fitness facilities in the Western states.

“Brad Steiner knows real self-defense and what works in hand-to-hand combat like no one on earth! His Method is incredible!”

— Detective Ralph Friedman (NYPD Retired),

Ralph was, at the time of his retirement, the most decorated police officer in the history of the NYPD. He has received, among other awards, the coveted ‘Combat Cross’. Ralph was featured, along with his brother — an NYPD

Transit Police Officer – on the TV Show Top Cops.

“Your Method is excellent. You have expanded upon and improved considerably the method I learned from Fairbairn and Sykes during WWII and what the USMC taught to the Raider Battalions. And you’re a very good student *and* teacher”

**— Maurice (“Maury”) Geier,
Former U.S. Federal Agent and counterintelligence officer during WWII. Also a combat shooting instructor for FBI and other federal officers, as well as a hand-to-hand combat teacher who was so fierce he earned the nickname “Deathhouse Geier”.**

“Your American Combato is a very good System”

**— Charles (“Charlie”) Nelson,
WWII hand-to-hand combat judo instructor with whom we trained for nearly three years. It was from Nelson that we learned the O’Neill System, as well as what A.J. Drexel Biddle taught (Charlie was one of Biddle’s students).**

“You are indeed a ‘Professor’ of combat arts! I quote you all of the time”

**— Grandmaster Jim Harrison,
The premier pioneer in America of the Asian fighting arts of ju-jutsu and karate. The late Bruce Lee once said of Jim Harrison that he is the one person he would *not* like to fight. It would take a thick pamphlet to describe all of Jim Harrison’s accomplishments and contributions to the combat arts in America.**

“From you I learned the valuable lesson of ‘attacking’ instead of ‘defending’ when you have to defend yourself”

— Grandmaster John McSweeney,

The “Father of Irish Karate”, John was one of Ed Parker’s first Black Belts. John also studied boxing, judo, ju-jutsu, and kung fu. The quotation above is from a letter John sent to us after reading our Tactical Skills of Hand-to-Hand Combat. We maintained a correspondence and friendship until John’s passing.

“You certainly do make many excellent points about how mental conditioning for self-defense may be achieved. Although I had never anticipated RET (Rational Emotive Therapy) being utilized for martial arts training, you have done quite an impressive job. I appreciate your outstanding abilities with hypnosis, and I think that your innovative ideas deserve a widespread audience”

— Dr. Albert Ellis,

One of the most famous psychologists in the world. Of him Dr. Robert A. Harper once wrote that he believed Dr. Ellis’ contributions are as significant as those of Dr. Sigmund Freud. We owe a good deal of how we work with students to achieve all sorts of psychological breakthroughs to our intensive study of Dr. Ellis’ works.

“ [Y]our articles are read, studied, and saved whenever they are published. You have an understanding and command of the subject of fighting that very few people have”

— George Kalishevich,

Former USMC Sergeant and combat veteran of Southeast Asia. Kalishevich was a multiple Black Belt holder, a boxer, weight trainee, and hand-to-hand combat teacher since the 1960’s. He was also an experienced bouncer. He passed away several years ago.

“As a law enforcement officer working dangerous

assignments in the most violent parts of the New York metropolitan area in the 1970's, I found that Mr. Steiner's advice was always on the money. The information contained in his articles in Combat Handguns, Handguns, American Handgunner, and Soldier of Fortune magazines was lifesaving. As a professional armed and unarmed combat trainer, I regularly referred to many of the concepts Mr. Steiner wrote about. He often went right to the source to discover how and why certain methodologies worked. Bradley Steiner is one of the few civilians actually certified by Col. Rex Applegate to teach close combat.

The late John McSweeney . . . dubbed the 'Father of Karate in Ireland' told me that he also was greatly influenced by Mr. Steiner's writings, especially the idea of paring down close combat techniques to a few essential strikes, trained to perfection. Mr. McSweeney told me that he had a pet name for Brad Steiner. He called him 'The Monk,' in reference to Mr. Steiner's vast knowledge of martial arts and mayhem. My own writing about martial realism was inspired by Brad Steiner's".

— Grandmaster John Perkins,

The brilliant innovator of 'Guided Chaos', John Perkins' background in unarmed combat (and armed combat) is the result not only of training but of lots and lots of real world experience.

The First and Only Complete Self-Defense and Close Combat Course in American Combato (Jen·Do·Tao) on High Quality DVDs!

Eleven carefully prepared professional instructional DVDs describe and demonstrate the most practical, powerful, reliable, and authentic skills of no-nonsense realistic and war-proven unarmed and armed hand-to-hand combat methodology and personal defense developed since WWII! This Course, describing methods from that System developed in the early 1970's by Bradley J. Steiner, which crystalized into the American Combato (Jen·Do·Tao)[™] all-in modern close combat/self-defense martial art in 1975, will teach you how to defend yourself and those you love in any situation! Some of these methods have been copied, imitated, and pirated during the last 25 years, but a complete self-defense course derived directly from the original and authentic System — and the only authorized presentation of American Combato — is now available for home study. All of the techniques, all of the theory, and all of the

mental conditioning and related doctrine in these DVDs is presented by the System's originator, Prof. Bradley J. Steiner, himself. Like Fairbairn, Sykes, Applegate, O'Neill, Brown, Begala, and Biddle in the second world war — from whose lineage this modern Martial Art is a direct descendant — Prof. Steiner clearly, simply, and plainly instructs in real world, lifesaving combatives doctrine.

You can order any of the eleven DVDs individually, or you can purchase the entire Course, in which case you pay for only ten DVDs. You receive one FREE!

Each DVD contains the equivalent instruction normally given in four to eight private lessons. This Course is the equivalent of at least 50 private lessons with Prof. Steiner, personally! And you can review this instruction again and again, and save the DVDs for your children to study when they

are old enough.

IMPORTANT NOTICE!:—

The system of martial arts presented in these DVDs is not a "traditional" or "classical" martial art.

These DVDs, and the information, and techniques contained within should not be taught, shown, or divulged to anyone under 18 years of age.

Due to the serious nature and lethality of the techniques shown, no one under 18 should be instructed in the techniques.

Due to potential serious injury or death, minors under the age of 18 should not be allowed to purchase or view the techniques demonstrated on the DVD's and in the system.

Minors lack the proper judgment and emotional restraint and discipline and should not be entrusted with the techniques contained herein.

Please utilize the techniques only in those situations where you would utilize a lethal weapon, similar to using a firearm, an improvised or edged weapon.

Please keep DVDs in a safe place out of the reach of minors, similar to safekeeping of firearms.

Contents:—

DVD #1 FUNDAMENTALS

- How to stand, move, distance, and position yourself
- The combat color code
- Attack mindedness
- Evasive footwork
- How to shield
- “Fairbairn’s Four” —

The chinjab smash, the handaxe chop, the tiger’s claw, and the side kick. All clearly explained and demonstrated so that anyone with no prior experience in any martial art can understand and develop the skills! These are the first four of *American Combato’s* 16 Key Blows (originally regarded by W.E. Fairbairn as the “most essential” basic blows, comprising a complete

mini-system of personal hand-to-hand combat, once mastered).

DVD#2 BASIC BLOWS

- Continuing from “Fairbairn’s Four”, this powerful presentation completes your lessons in the remaining 12 Key Blows — the most practical and effective blows — in unarmed close combat.

- The straight heelpalm
- The knee attack
- The front kick
- The elbow smash
- The fingertips *thrust*
- The fingertips *jab*
- The snap kick
- The backfist-forearm smash
- The hammerfist-forearm smash
- The basic straight punch
- The ear box
- The throat lock

DVD#3 ATTACK COMBINATIONS - FIRST SERIES

- Powerful and devastatingly effective combinations of attacking actions which are adaptable to an infinite number of situations and emergency circumstances. These attack combinations utilize the Key Blows, and include additional offensive unarmed combat actions and tactics, which enable you to infinitely combine, and improvise limitless sequences and applications of ferocious attacks of your own.

This DVD focuses on attack combinations leading with *HANDAXE CHOPS* and *THRUSTING ACTIONS*, the first two categories of “attack combinations” in *American Combato*.

In this and the next DVD you will learn more combinations of each type than you would ever possibly need.

DVD#4 ATTACK COMBINATIONS - SECOND SERIES

- Completing a well-balanced, comprehensive curriculum in vicious, unconventional, yet simple and readily applicable attacking sequences which enable the practitioner to overwhelm and disable any assailant. These

combinations continue to expand your capability with the Key Blows and with other actions and tactics, and turn you into a dangerous, unpredictable, offensive combatant in close quarters combat. You'll be an expert at taking the battle into the enemy's camp and *attacking your attacker!*

This DVD trains you in *DISTRACTING LEAD ATTACKS, KICKING LEADS, and MISCELLANEOUS LEADS.*

DVD#5 COUNTERATTACKING THE UNARMED FRONTAL ASSAILANT

- No realistic close combat system is worthwhile unless the matter of *counterattacking* (i.e. reacting to attacks which you have been unable to preempt) is covered. In this DVD you will learn:

- How to immediately react with devastating and decisive force against any grabbing type attack from the front
- How to break holds that attackers might apply if they catch you off guard
- How very simply to counter punching or kicking attacks

DVD#6 COUNTERING THE UNARMED REAR ATTACK

- Attacks from behind are *deadly*. Learn first and foremost to guard against leaving access to your rear. However, if caught unaware, learn

- How to counter sudden grabbing attacks from behind
- How to counter holds that may be applied from behind

DVD#7 COUNTERING KNIFE AND CLUB ATTACKS

- The proper tactics and mental ploys applicable to these situations is emphasized. Technically, you will be taught

- How to deal with knife *threats*, from varying positions
- How to save your life if attack by an adversary who is determined to slash or to stab you with a knife
- How to counter overhand club attacks
- How to counter the backhand club or baseball bat swing

DVD#8 COUNTERING HANDGUN AND SHOULDER WEAPON THREATS

- Obviously these, like knife and club attacks, are *deadly* threats and only the simplest, most basic and reliable methods should be studied. No weapon “takeaways” or complicated nonsense here! These are commando type actions and will work under the most adverse conditions. Intended to save lives — not your wallet.
 - Frontal handgun threats
 - Side handgun threats
 - Rear handgun threats
 - Frontal shoulder weapon threats
 - Side shoulder weapon threats
 - Rear shoulder weapon threats

DVD#9 COUNTERING MULTIPLE ATTACKERS

- Key principles and tactics of countering more than a single aggressor
- The core *scenarios* and how to develop counterattacking capabilities against two or more attackers that *really work*.

DVD#10 HOW TO USE THE STICK FOR SELF-DEFENSE

- Basic stick techniques
- The *complete* Fairbairn stick method (beyond what is taught in *ALL-IN FIGHTING/GET TOUGH!*)
- The USMC’s Kengla Technique
- Some advanced stickwork combinations
- How to use the *yawara* hand stick (for modern applications)

DVD#11 KNIFEWORK

- Psychological factors
- The universal grip (for stiletto and Bowie type knives, as well as for kitchen, utility, and all other types of knives, and for improvised stabbing and cutting implements)

- Knife *offense*
- Defending yourself with a knife

The cost of each individual DVD is \$59.95 + **\$6.** shipping and handling (**\$20. postage and handling for foreign orders**)

If you purchase the complete 11-DVD Course you pay only for 10 DVDs, bringing the total cost to \$599.50. You get one DVD FREE. **Add \$20. for postage and handling (\$40. for foreign orders).** That's just under \$600. for \$7,500. worth of training!

All DVD purchases are of course nonrefundable.

Personal checks may take up to three to four weeks to clear, in some cases. For *immediate* shipment send cash, or a postal money order, bank check or bank money order, payable to Brad Steiner. Send your order to:

**Brad Steiner
P.O. Box 15929
Seattle, Washington 98115
U.S.A.**

You will want to study these DVDs again and again, as they are rich in content and packed with solid, reliable information and instruction!

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Eyes, Throat, Testicles, And Knees

PERIODICALLY, we like to present some very, very fundamental instruction that virtually anyone can use, even if he’s a student of a form of training that is more *classical* or *competitive* than ours, so long as he finds himself in a do or die, desperate situation of **real self-defense**. This is only for self-defense . . . serious

defense against a dangerous threat of injury from a violent offender. This is *not* to enable you to put a pest in his place, stop a stumblebum from annoying you, or finally shut that loudmouth up who you've just about had all you're going to take from. **Remember this!** What follows is *strictly* for unavoidable defense against a violent assailant. It is **never** to be practiced full force on a live training partner, and it is **never** to be introduced into any sort of competitive sporting match.

The eyes, throat, testicles, and knees are vulnerable targets on any man, regardless of how large or strong he may be. You may have full confidence that the techniques which follow are as close to being 100% reliable as any can be. It is these that should be called upon when the battle promises to be **real**.

Eyes

It is wise that you carry a small handful of aquarium gravel in your outer pocket. Throwing this into an opponent's face will disorient him. Followup fast as possible with a stomping side kick (*like a "mule"!*) to his knee. Escape the scene as soon as possible.

Open and straighten your fingers (not stiffly) and appear to be pleading or begging off and trying to avoid getting beaten. Suddenly ram your straightened fingers into the opponent's eyes *as hard as possible, getting your entire body behind it!* Try to go **through** the attacker's eyes. If the punk should seize your upraised wrists, feign terror (or pain, if you feel him squeezing your wrists) *then kick him deeply up between his legs and try to lift him off the ground with the impact to his testicles; kick as though you wanted to drive your foot up into his neck.*

If your fingers thrust to his eyes landed, then immediately apply a low stomping side side to break his knee, *or* apply the kick to his testicles.

Throat

Double your four fingers over to form a tightly held *half-fist* and without warning drive a lightning fast straight thrust into the opponent's throat. *You need to form this weapon in flight.* do not give away your intention. You can also use your straightened fingers to good effect, but many people find that they have more confidence in the strength of their folded fingers, as opposed to their extended fingers. Deliver the blow as though you were trying to go *through* his throat and out the back of his neck.

A kick to the testicles or a side stomp kick to the knee should follow.

If you are holding an umbrella drive the end (using a **two-hand** grip) into the attacker's eye or throat. If he grabs the umbrella, hold on, and stomp into his knee. Then jab viciously for his eyes or throat as you regain full control of the

umbrella.

Testicles

Kick hard! This is practical only when opponent is facing you.

A knee up into the testicles is good, but it must be done **close-in**, and it's got to be *powerful*. This takes a bit of practice. Jab fingers into eyes after kneeling.

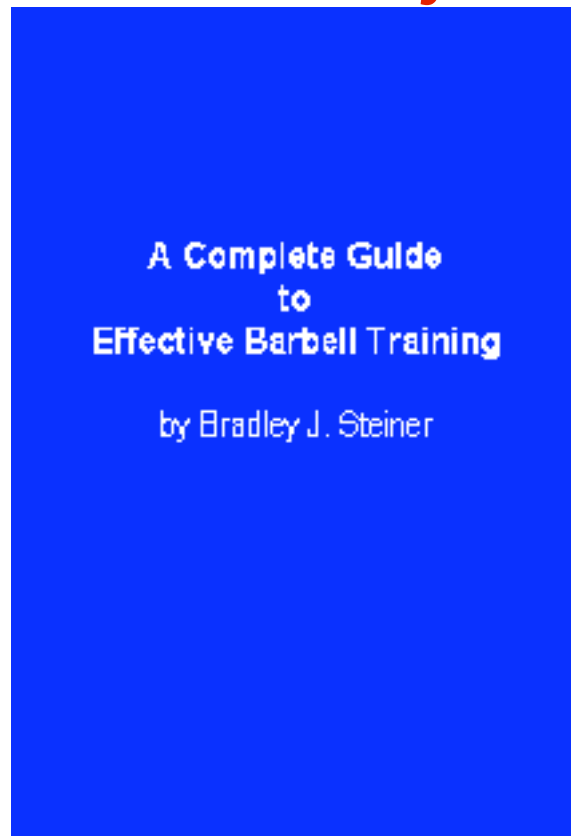
Under circumstances permitting, seize testicles, crush and jerk powerfully while twisting.

Knees

Stomp kick into the knee —— from the front or side. With just a little practice this “mule kick” type blow can reliably break a powerful man’s knee and cause him to drop. The pain is excruciating. Get proficient at this kick. Where the straight front kick to testicles won’t work, the side stomp kick will. *Followup!* Or, if you are not trapped with your attacker, escape.

Yes, yes . . . we are well aware that there are other good and reliable techniques that a novice can quickly learn. But the foregoing are certainly among the best, and for the guy who is the martial arts for *other reasons than self-defense*, this is a handy and easily retained skill set that he can keep with him just in case things get nasty in the street.

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Why You Might Be Attacked

IN NYC last month a 68 year old Asian man was beaten to death over some inconsequential fender-bender type mishap, when some scumbag 47 year old piece of sewer s—t went berserk. In the sewer s—t’s vehicle was his sister sewer s—t, who — an employee of NYPD (not a police officer, I don’t think) — **a**) made no effort to restrain her sewer s—t brother *and*, following the murder *lied* to the police and said that the murder victim had just “fallen down”. **A surveillance camera (thank God!) caught the murder in action and the sewer s—t was arrested.** May he die in prison. And may his goddamn lying sister s—t end up a bag lady!

On Wednesday, 3 August (just a day after the murder alluded to above) *another* sewer s—t beat his wife because she placed three slices of cheese on his grilled cheese sandwich, instead of two.

The reasons *why* various undeserving life forms physically attack — and often maim or kill — completely innocent human beings, are as varied as the individual examples of living excrement that do the deed. **Your concern must be in regard to the fact that you need not provoke, justify, or even indirectly do anything to warrant some animal’s attack on you. ;Nada!** The only thing necessary for you to find yourself targeted for destruction, harm, and violation is that you unwittingly *be where the predatory filth*

happens to be; attract the filth's attention, and bingo! You're fighting for your life.

Don't believe the lies and distortions of fact that the media and much of the dumbed-down liberal populace would have you believe. **There are subhuman scum in every location where people reside in numbers. They *are* dangerous; they *will* injure or kill or rape or rob you; they are NOT fully human, and you need to be ready to deal with them.**

The frightening truth is that no one needs to do anything to “bring on an attack” by predatory garbage. The creatures who victimize the innocent are unconcerned about their victims' innocence; they simply seek to *prey*.

Wherever you are, whatever you may be doing, whomever you may be with, **you might strike some piece of street s—t as attractive grist for his mill.** We have seen young women, girls, wheelchair bound persons of all ages (even the very elderly) robbed, beaten, punched, and mercilessly thrown or knocked to the ground and then stomped. We have seen packs of humanoid hyena gang up on totally non aggressive young men and humiliate, beat, rob, and sometimes *kill* them. Families have been victimized. Surveillance cameras have made it easy to observe the reality of how inhuman scum roam the streets and do nothing with their stinking lives except create horror and destruction for those living *human* lives. Often the only reason for the maiming, violation, and murder of innocent people is the fact that they were *available at the moment to be victimized*, and the scum perceived them to be relatively helpless targets, so the scum pounced.

As is the case with almost everything else (save possibly the date and the weather) the media **LIES INCESSANTLY** about the truth concerning senseless and evil violence, and the god awful suffering that thousands of devastated relatives and friends are made to live with forever, when a loved one is wantonly taken from them because of some insane act of barbarism committed by some lousy savage who ought to be buried alive and used for landfill ——— or fed to sharks.

That is much of the pure evil: **The fact that almost all of the violence is for**

“fun”; it is for the enjoyment of creatures who themselves have no right to live, who never should have been born, and who are worth less than the dirt it would take to fill their graves. *May every violent felon and every apologist for every violent felon rot eternally in hell.*

It would be a relief if we could tell you “Don’t do this or that, or don’t go here or there . . . and violent offenders won’t ever bother you.” However, that’s just not so. No matter where you live, how you live, or whatever . . . ***you well may be targeted by dangerous, insane, violent monsters who look like humans, but simply have no idea of the value of human life, care not at all about maiming or killing, and have no more humanity than centipedes.***

We do not present this grim thesis to torture you. We present it to **educate** you. If you understand the reality of the scum we have allowed to grow up in our midst in America since the close of WWII, then it will be easier for you to adopt the combat mindset, and to be **ready** to use your skills to their limit if ever you must.



LIKE THE FICTIONAL BAD GUYS IN THE “DEATH WISH” CLASSIC MOVIES, THE REAL STREET SCUM AND FILTH NEED NO PARTICULAR “REASON” TO ROB, BEAT, RAPE, OR MURDER YOU.

The very moment you realize that you have been targeted and are being attacked, **GO GET 'EM! IT'S NOW OR NEVER.** Historically, those who resist violently and ruthlessly and powerfully and viciously normally fare very well. Don't hesitate. Don't ask any lump of s—t (or his group of hyena) *why* they are attacking you. Realize that you live in a society where wild predatory beasts roam and do pretty much as they please. **UNTIL THEY ARE STOPPED.** You train, learn, condition yourself and acquire skills so as not to be a victim. Good! Now appreciate that *you* have no way of determining “why” one or more of these scum-beasts might attack you. Just determine — through decision, training, and repetitious drill — that *no matter why the hell any of those despicable and inexcusable living accidents may target you, THEY WILL GET DESTRUCTION for their trouble; THEIR destruction.*

Please factor all of this into your training.

Note: Go to www.seattlecombatives.com and check the “Monthly Instruction” Section for an extensive presentation titled: **“Just Say No To Rules”**. It is a rather lengthy companion piece to this article.

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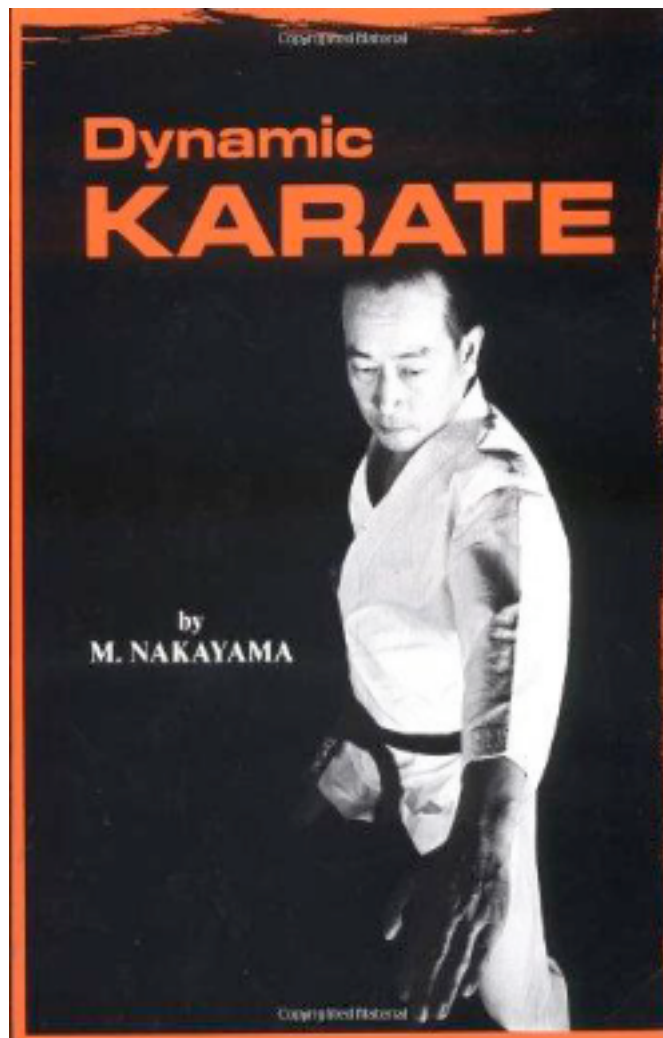
Hot Tip About Old Gold!

IF you check out the Book Review Section on our web site www.seattlecombatives.com you will find an excellent selection of recommended works — each thoroughly reviewed — on the world war two and related methods of close combat and self-defense.

One work that we have used often as a reference over the years, which does not fit amongst the "commando" type treatises is a great book authored in the 1960's by the then Head of the Japan Karate Association, Masatoshi

Nakayama. **The book should be in every close combat enthusiast's and teacher's library: It is *DYNAMIC KARATE*.**

The value of this monumental work — which inspired us and assisted us greatly — lies in its painstaking delineation and description of fine points and principles essential to delivering the numerous blows and attacks using one's natural weapons, whether or not you are, per se a "karate" student! *So well written, complete, and excellent is this text that despite its having been written by a Shotokan Master, its application is equally valuable when applied to the blows of ju-jutsu's atemiwaza, ANY classical/traditional "karate" style, and the whole of authentic unarmed combat.*



THANKS TO THE POPULARITY OF COMBATIVELY IRRELEVANT WORKS ON MMA, UFC, AND RELATED S P O R T MARTIAL ACTIVITY, COPIES OF THIS CLASSIC MAY BE OBTAINED RATHER INEXPENSIVELY —EVEN WHEN WHEN LOCATED IN THE ORIGINAL HARDCOVER.

THE *VALUE* OF THIS BOOK CANNOT BE OVERSTATED. ITS CAREFUL STUDY WILL ENABLE THE INTELLIGENT, HARD TRAINING PRACTITIONER OF CLOSE COMBAT AND SELF-DEFENSE TO *PERFECT* TO THE HIGHEST LEVELS THE CRITICAL BLOWS AND ATTACKS THAT MAKE UP *REAL* HAND-TO-HAND COMBAT. YOU WILL NEED TO THINK, ANALYZE, AND *APPLY* WHAT THIS BOOK EXPLAINS, ILLUSTRATES, AND DESCRIBES IN DETAIL IN ORDER TO SERIOUSLY POLISH YOUR CHINJABS, HEELPALM THRUSTS, FINGERTIPS THRUSTS AND JABS, LOW KICKS, AND OTHER BASICS. IF YOU ARE SHARP AND YOU OWN OUR DVD HOME STUDY COURSE YOU WILL SEE THE INFLUENCE THAT THE INSTRUCTION GIVEN HEREIN HAS HAD ON OUR ADAPTATION OF THE WWII METHODS.

We were a long time student of *Tae Kwon Do* when we were much younger, and many of the valuable points explained in *Dynamic Karate* were never elaborated upon during our eight years in the Korean Art.

We *strongly* recommend this classic as a reference for serious students and teachers of unarmed combat.

As we receive numerous requests to quote items and passages that appear here in *SWORD & PEN* and on our other web site, www.seattlecombatives.com, from the various sections there, we will again state the terms by which our material may be used **and used only non-commercially**:

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