

©Copyright 2011 by Bradley J. Steiner - ALL RIGHTS RESERVED.

# ***SWORD and PEN***

Official Newsletter of the International Combat Martial  
Arts Federation (ICMAF) and the Academy of  
Self-Defense

**APRIL 2011 EDITION**

**www.americancombato.com**  
**www.seattlecombatives.com**

## *E d i t o r i a l*

Evil Caught On Camera: A Textbook Example

Proving That Bullies Do Not Deserve To Live, And

That Sensible People Should Avoid Places Where

Bouncers Are Needed

### **PLEASE CHECK:**

1. <http://www.youtube.com/watch?v=iWMx88RVB4o>

2. <http://www.youtube.com/watch?v=X5KPoknHtNc>

3. <http://www.youtube.com/watch?v=Nd5xKuW-D8U>

**YOU** may have already seen the videos on YouTube or elsewhere. Depicted is what clearly amounts to a combination **KIDNAPPING, FELONIOUS PHYSICAL BEATING, ROBBERY, and FEROCIOUSLY HUMILIATING and SADISTICALLY EVIL** mistreatment of a *completely innocent* young 25 year old man by a creature and his accomplice who — in our opinion — not “*should be*” but, in the name of justice, decency, and the preservation of civilization and the dignity of man on earth, ***MUST BE*** put to death for what they did. If it was within our personal power we would exact justice here by —

- Having the victim *decide* the manner in which his victimizers would meet their demise,

and

- Letting the victim *personally, by himself* carry out the execution of the scum who victimized him.

Some excellent ideas regarding how to terminate this scum may be found in the book *ICEMAN*, which describes Richard Kuklinski’s “rat cave” and “shark” solutions, amongst other niceties.

Remember when you watch these depictions on YouTube that the scum who *videotapes* this incident is also guilty. He neither says nor does *anything* to oppose what ought to earn that monster who kidnaps, robs, beats, and humiliates the young man a ***PUBLIC HANGING***. There is not so much as a slight tremor in the hands of the videographer (obviously, he is calm, steady, deliberate, and completely comfortable witnessing and filming this inhuman outrage). Nor is there a peep of protest out of him, or an effort to call for assistance. ***BOTH*** these unspeakable bastards deserve to be hanged!

Let us all pray to God Almighty that, when this is finally adjudicated in both ***criminal*** and ***civil*** courts (we read in a news story that the victim is *suing*, as well as pressing criminal charges — ***THANK GOD!***) that the lump of sewer excrement directly responsible for the kidnap, robbery, beating, and humiliation of the

victim, and his miserable piece of s—t accomplice *each* are ruined financially, and suffer the most extreme criminal penalties that the legal system conceivably can impose. (Note: We realize that the death penalty is an impossibility here, even though it is obviously justified. However, we can always hope that with prolonged incarceration these two scumbags will suffer death while in prison. It is pleasant to imagine both of them dying in a prison cell *slowly* from an AIDS infection. Or — perhaps — dying at the hands of another prisoner, vis a vis Jeffrey Dahmer’s prison “execution”, and no one ever being prosecuted for the action.).

These scum should be used for landfill or their bodies fed to sharks. Neither merits burial in a cemetery where *human beings* are laid to rest.

It is doubtless clear to the reader that this event “got to us”. It brought to mind recollections of childhood bullies, of punks of all sorts, of psychopathic troublemakers, and of the wholesale victimization of innocent people everywhere and at all times — since the dawn of history. *It reinforced our crystal clear awareness of the mission that we are constantly endeavoring to accomplish in preparing decent people to defend themselves against this kind of living garbage.*

As ever, there are serious and valuable lessons to be learned regarding personal defense and security from yet another disgusting “real world” incident.

*Pay attention!* The outrage about which we have written could *easily* have been committed against **anyone**.

To protect yourself, be aware of the importance of, and utilize the following information:

**1.** While the vast, overwhelming majority of sworn law enforcement officers in this Country are decent, courageous, and utterly trustworthy, law abiding people, **THE VAST, OVERWHELMING MAJORITY OF “PRIVATE SECURITY” (I.E. “LOSS PREVENTION”) PEOPLE, “DOORMEN”, BOUNCERS, ETC. ARE MOST EMPHATICALLY NOT!** Let whoever is offended be offended. We could not care less. This is of course our **opinion** — and people remain free to hold contrary views if they wish.

We have had, and we know about others — plenty of others — who have had extremely bad experiences with the sort of debris that works in the private security sector. Many of these twits are police officer wannabe’s. *And there are excellent*

reasons why they are **never** hired by official law enforcement agencies! They are psychopathic bullies.

Since these creatures possess authority within the parameters of the establishment where they are hired to render their “services” **BEWARE!** You never want any confrontation with any of them. Our advice is: *If an establishment has bouncers on the premises, don't go there.* There are better, safer, saner places to go in order to enjoy an evening. You do not need to expose yourself to mindless, anthropomorphic pitbulls.

Note that, had the 25 year old victim of the scum alluded to in our opening story been trained and conditioned for combat, and had he attacked and crippled or killed both those pieces of s—t the moment they initiated their kidnap of him (100% justified to prevent a kidnapping — ELSEWHERE) he doubtless would have ended up in prison. If, by some chance, the two scumbags had, under conditions where their victim offered physical resistance in the lavatory where they had abducted him, *killed him*, they would have — with each corroborating the other's story — been **UNINDICTABLE!** As it was, it would not have even been possible to obtain justice by recourse to the police **WITHOUT THAT VIDEOTAPE!** And its appearance is only the result of one of those scumbags turning on the other; otherwise, *nothing* would have come of this incident.

## **2.** Don't work as a bouncer.

This is not, strictly speaking, a lesson to be drawn from the incident about which we are now commenting; however we believe that it is nonetheless a good place to convey an important piece of advice. Although we have had students of ours (against our advice and counsel) take jobs as bouncers, we are **adamantly** against this kind of work. Any “instructors” who urge this as a “great chance to get experience in combat” are amongst the *worst* of teachers, in our opinion.

**3.** If you ever are confronted by a bouncer in any establishment, obey him *immediately* if he tells you to leave. Don't argue. Never mind that he is inventing whatever he is accusing you of having done. **Just leave.** If he takes hold of you, let yourself be escorted out. Be polite and **go.** Contact an attorney later.

**4.** If ever confronted by a bouncer or bouncers and *ordered to go to a room, office or restroom, etc., with them, REFUSE.* Loudly state that you will either leave immediately or wait right where you are for the police, if they wish to call them; **but you refuse to be the victim of a kidnap, and they have no right to take**

*you captive. Speak loudly and clearly, and keep your hands to yourself. Make sure that everyone in the establishment hears you, and stand firm (or leave, if they allow you to do so). If, unfortunately, you are physically attacked with witnesses around you — in a public place — and you feel that your life is endangered, then you have a slight chance of not being criminally charged if you undertake to defend yourself. But do *not* be removed to an area controlled by the bouncer, where you have no patrons as witnesses.*

**5.** Essentially, the same thing applies when dealing with those who work as “store detectives”, “loss prevention officers”, “store security personnel”, etc. Reputable establishments try to hire off duty police officers for these jobs, and that’s a good thing. Sworn officers are as a rule professional and decent. However the psychopath, the cop wannabe, the toughguy, the punk-in-uniform, the s—t-with-authority, etc. can be very bad news.

These people do normally have a right to detain you and take you to a secured area when they apprehend you as a shoplifter or thief. *However*, there have been many instances where scumbags working in such a capacity have falsely accused, robbed, beaten, raped, and viciously intimidated and humiliated those whom they had apprehended. *Even if the individual is in fact guilty of shoplifting, there can be no justification for his not being treated with dignity.* Private security people have no greater rights or powers or authority (save specifically within the context of their work *on and in the establishment of their employ*) and you should know this! Their responsibility is to call the police after apprehending a suspect. They may **NOT** keep you captive for any great length of time (say, more than 30 minutes, before calling for the proper (police) authorities.

**6.** *Never* feel embarrassed or ashamed to report the fact that you have been victimized.

True enough, this particular instance of victimization would have been all but impossible to prove without that videotape. But, assuming that you stay out of places where filth like the depicted violator possesses nearly airtight protection himself for his criminal, vile actions, you would almost certainly have the grateful support and assistance of law enforcement — and likely, an eventual arrest and conviction of the garbage that violated you. *And no victim should ever feel ashamed or embarrassed — ever!* You should properly feel **rage, hatred, resentment**, and a **powerful desire for justice** (even, dare we say this, *revenge*). Violent offenders of the most mild *or* serious kind — whether children, adolescents, young adults, or mature people — are **SCUM**. In a rational world

there would be not the slightest problem about handling them as Richard Kuklinski handled *his* childhood bully — after being bedridden from a beating that this living garbage and his cohorts administered to Kuklinski. (Read *ICEMAN*, and you'll see what we mean).

Obviously, your approach to avoiding contact with *this* breed of filth, and his cousins, is:

- a) Stay **OUT** of places where bouncers are present.
- b) Don't ever shoplift! (This will almost certainly keep the punk/bouncer's despicable soul mate —i.e. the “security guard” or “loss control” swine who relishes abusing his authority — out of your life).
- c) If falsely accused, sign and agree to **nothing**. Demand that the police be called. Do *not* get physical. **CONTACT THE NEWSPAPERS, THE TV NEWS, AND A GOOD ATTORNEY WITH A REPUTATION LIKE A SHARK** the very moment you are released and free to go. File criminal charges — with the help of your attorney — and ***do not let the incident go without exacting a huge toll from the bacteria that caused your grief! Remember: The establishment that hired the scum who mistreated you should be the second target of your wrath — and lawsuit.***

Bottom line is **AVOIDANCE**. Unfortunately *none of us* may rely upon our “rights” to protect us. Our rights are violated all of the time. Sometimes by the system, itself; routinely by those in positions where they feel that they can get away with it. Rely upon your **WITS**, not upon your rights.

The world is not a nice or friendly or safe place. And until monsters such as the two whose egregious conduct inspired this editorial are snuffed out of existence, it pretty much seems that nothing is going to change.

**NOTE AND DISCLAIMER:** *We are not a lawyer. All of the advice that we offer is purely personal advice. We urge you to contact an attorney for legal advice. Our opinions regarding the proper treatment of and just fate for bullies, and other violent offenders is purely **personal opinion**. We do not advocate, condone, espouse, sanction, teach, or believe in breaking any laws or in undertaking any antisocial conduct.*

**Bradley J. Steiner**

## Get REAL In Your Training, Now!

**REGARDLESS** of what you may be studying or training in at present — even if you are self-teaching, via books and DVDs — you can benefit beyond measure by availing yourself of the CD text materials we have prepared and are offering for sale:

### **1. *THE MOST EFFECTIVE BLOWS OF UNARMED COMBAT* — \$13.**

This concise Manual, which may be read on your computer screen or printed out in a hard copy, describes the **16** most crucially important blows which comprise the “basic blows” syllabus of *American Combato (Jen•Do•Tao)*. You’ll learn what the blows are, how to execute them, which targets to strike, and the best ways to perfect their development as natural hand-to-hand battle weapons.

### **2. *ATTACK COMBINATIONS* — \$15.**

Here in one powerful Manual is described **30** of

the most reliable, effective, destructive combination sequences that we teach in *American Combato*. The descriptions are easy to understand, and anyone who really masters a half dozen of these unique attack combinations will be a thoroughly formidable person, indeed, in hand-to-hand combat!

### ***3. MENTAL CONDITIONING FOR CLOSE COMBAT AND SELF-DEFENSE — \$30.***

A brand new **214 page** self-instruction book that is available *nowhere else*. It is copyrighted, but you may print out a hard copy for your personal use — or read it on your computer screen. This is the first book to actually teach a comprehensive program of mental conditioning for the combatives student or professional.

FREE with this book, on the same CD, is a copy of Jack Grover's classic, *DEFEND YOURSELF!*, and Robert Carlin's impossible-to-find gem, *COMBAT JUDO*. These two books should be printed out in hard copies for serious study.

### ***4. RULES OF SELF-DEFENSE — \$17.***

Perhaps the most politically INCORRECT presentation of 20 "rules" (ahem!) for winning in anything-goes close combat and self-defense. Each rule is presented with sufficient descriptive force so that you will definitely "GET IT", and a few dramatic illustrations help to get the point across.

This Manual is for anyone practicing any martial art who wishes to gear his training and his mental preparedness for the REAL THING! Students in our Classes, and those who take private lessons from us are pounded relentlessly with these concepts; they will be a healthy reminder for students of American Combato. However, for anyone practicing ju-jutsu, karate, judo, boxing, etc. and who wants to get ready for those "contests" played for KEEPS, this Manual is a "must have" reference!

### **5. *THREE MONOGRAPHS* — \$22.**

Here are three monographs you will not want to miss:

1. *The Myth of Groundgrappling*, 2. *An Annotated Copy of Fairbairn's WWII Silent Killing Course*, and 3. *The Physical and Psychological Factors*

*required For Success In Hand-to-Hand Combat.*

**ALL OF THE ABOVE RECORDED IN THE HIGHEST QUALITY SPEED, AND ON THE FINEST QUALITY CD DISCS IN “PDF” FORMAT FOR YOUR CONVENIENCE AND LIFETIME LEARNING.**

Also available is the quality revised *Paladin Press* reprint of our 1970’s Classic that “started it all” in this “WWII methods/practical combat/offense based fighting, etc.” movement:

***The Tactical Skills of Hand-to-Hand Combat — \$14.***

We will autograph your copy, and we will include a document available from no other source, explaining the significance and role of this little Classic in making the martial arts seeking public aware of an entirely new and more effective approach to personal combat than had hitherto been taught or recognized, outside the military and intelligence training circles of the Allied Forces, during the second world war.

We pay first class postage on all purchases, except foreign orders. Please include **\$3.00** per item, additional (U.S. dollars) to cover air mail shipping overseas. Send your orders, with cash or money order only payable to:

**BRAD STEINER**  
**P.O. BOX 15929**  
**SEATTLE, WASHINGTON 98115**  
**U.S.A.**

### **The Law Of Self-Defense In The USA And UK Should Be**

#### **Rewritten**

**WE** write our opinion here as a concerned lay citizen who has been an instructor of self-defense (armed and unarmed) for 45 years. It is our contention that an appropriate, rational, just, and workable law of self-defense must be the result of fully understanding, acknowledging, and accommodating that which *professionals in the field of close combat and self-defense know to be true regarding the nature of physical violence, criminal assailants, and the psychology, tactics, and technical aspects of armed and unarmed violence*. It is also our contention that civil lawsuits against anyone who has acted in self-defense should never be possible — regardless of who might wish to initiate such lawsuits, and that **ZERO CRIMINAL LIABILITY** should be imposed upon anyone who has acted in self-defense, regardless of the damage suffered by the initiator of violence. Anyone defending himself or another, in other words, should be held 100% blameless for that which he does in taking action to stop the use of unlawful force against himself or another person.

As we understand it, the legal system in the United States is based upon English Common Law. According to English Common Law a person has the right to

defend himself by employing whatever amount of force is necessary to stop an attack upon himself, or upon an innocent third person (wife, friend, child, etc.), and *no more*.

It *sounds* good. Obviously, it is the attempt of well-meaning people who do not wish to see innocent people divested of their right to protect themselves, while on the other hand these same lawmakers did not wish to see physical assailants injured beyond that degree which could be considered, in a cool and rational mental state, *necessary to bring their criminal actions to a halt*.

Here's the multifaceted problem with that, as we see it:

1. It is absolutely *impossible* to know any attacker's intentions. His apparent *mild* approach initially may simply be the result of awkwardness and (we hope!) lack of any serious close combat fighting acumen. Or it may be subterfuge. *How could one possibly know?* The violent offender will often verbalize his intentions — and, just as often, he might *not*. And in either case his announcement of what he intends to do (or his lack thereof) may be *misleading*. Surely it is not difficult to understand that honesty should not be expected from a physical assailant.

The attacker always has the advantage of initiative, even when he attacks a trained and properly conditioned person, *because the attacker knows exactly what it is that he intends to do*, and his victim can never be sure.

2. It is also impossible to tell the *capability* of any attacker. Appearances are often deceptive, and to this fact add that the most dangerous assailants are very good at making their approach without betraying the slightest capacity for or intention of initiating violence.

3. Even when some violent savage “doesn't mean” to seriously injure or kill his victim, *it does happen*. No defender can foresee this, but he certainly must realistically appreciate the potential — if not obvious — danger that he has suddenly become immersed in, *through no choice of his own*.

4. Regulating the degree of force that it is *permissible* to employ in legitimate self-defense places an implied onus of responsibility on the shoulders of the *victim*. Yet it is the attacker and not his victim who has initiated the violence, and it is the victim whose life and well-being now hang in the balance. The likelihood of **hesitation** and **fear of the law** causing the victim to stay his hand or moderate his use of defensive force can be as great a threat — or even a *greater* threat —

than any ability that the attacker might possess.

5. Since effectively defending oneself demands that one respond as quickly as possible to the perception of imminent attack, any imposition of responsibility on the defender to assess what precisely is the danger being directed against him and what precisely is the correct reaction, makes effective self-defense virtually impossible under realistic, known conditions of violent criminal attack.

6. Only by assuming the worst possible threat and acting immediately to neutralize it can anyone be properly conditioned to stand any chance or hope of stopping one or more violent felons (any one or all of whom may also be armed) under actual conditions of criminal attack.

7. Speaking from the standpoint of a combat teacher, it is always possible — if one launches an all-out, ferocious counterattack or preemptive attack against an assailant — to *scale back*, and even to stop completely **IF** after going into action one discovers that the attacker is fleeing, or that one can escape, oneself. Or (unlikely) if one realizes that one's first action has rendered his attacker unable and unwilling to pose any further threat to the defender. ***This last, by the way, is the only realistic standard to apply regarding "when one should cease and desist one's counteroffensive" in a dangerous defense emergency.***

The bottom line is this:

*Since any physical attack conceivably could result in the deliberate or unintended grievous injury or death of the victim, the victim should be held blameless in any case of self-defense, **regardless of what action he takes to defend himself or a third party.*** The entire responsibility of **ANY** and of **ALL** damages to **ANY** and to **ALL** parties involved as attackers, victims, or bystanders, rests 100% with the individual who initiated the dangerous incident and whose attack either appeared imminent to the defender, or resulted in the defender reacting after the attack had been completed. It is immoral, unjust, preposterous, unreasonable, illogical, absurd, and unfair to apportion responsibility for whatever a targeted victim of attack does, or however he chooses to do it. Ever.

If violence is to be ended in civilized society then **NO LEGAL PROTECTION WHATEVER** should be provided the violent offender; and no liability for damages whatever should befall anyone who acts to defend himself or another against legitimately perceived physical harm from an extralegal assailant.

Any of our visitors who are lawyers will doubtless be able to refine what we present, and we wish that they would. The law as it stands now ***S U C K S!*** There is simply no reason or justification for any criminal or civil liability to befall *anyone* who defends himself. **Quite possibly if the bacterial scum who live by terrorizing, tormenting, beating, mugging, raping, kidnapping, and otherwise forcefully abusing and violating others *knew* that once they so much as raised a hand in initiation of one of these intended actions their lives and their welfare would be *FINISHED*, there would be real inroads made into the horrific problem of violent crime.**

### **Piracy:**

**As Ever The *Right* Solution Is A Politically Incorrect Solution**



***A band of pirates in the Philippines prepares for a raid in***

***the South China Sea. Heavy armaments, speedy boats, convenient new means of communication, and small regard for human life have made 21st-century pirates a serious menace to maritime traffic. (From the "Encyclopedia Britannica Blog")***

**Somalia is not the only toilet that backs up its sewage into the seas. We have home grown pirates, too! The coasts of Florida and of Texas and California experience piracy today.**

IT seems inescapable to conclude that with civilization comes wimpishness. It seems that the comforts, conveniences, benefits, and amenities of civilized existence — as opposed to a danger-strewn life in which fighting for survival is a constant necessity — causes the human *will* as well as the human *physique* to soften. *This does not need to be*, but the facts appear always to point to the fact that it *is*. Those who remain suitably strong, tough, and prepared to cope with *random* and with *rare* emergencies in a society in which battling for existence on a daily basis is no longer a requirement of life, are in the minority. (Amazingly, these individuals are all too often viewed with suspicion and regarded as “troublesome”!)

The whining and hand-wringing (not to mention all of the “studies” and the “investigations”, and the “researches” that are being done) about the phenomenon of piracy today is shameful, in our opinion. Piracy can certainly be stamped out if only the **WILL** to do so existed in those who possess the authority to say “Go!”.

You stop piracy by mercilessly hunting down and killing the pirates. In cases where it is known who is harboring and providing refuge for the pirates (i.e. *Somalia*, for one example) you notify the heads of state that their country will be pounded into a floating, pink mist unless every pirate being sheltered there — with or without any “official” approval — is rounded up and handed over to civilized authorities within 24 hours, ***FOR EXECUTION***. Period. Fini. End of story. No “studies”. No “dialogs”. No bullshit from “military leaders who are examining the options”, etc.

If the United States of America took — and *enforced* — that simple policy and procedure there would doubtless be strong disapproval from all of the America-haters, worldwide. So? These creatures will disapprove anyway. What the hell do we need *their* approval or good opinion for?

Piracy, like street gangs, biker gangs, atrocious violent felonies from forcible rape to home invasions to carjackings to thrill killings and beatings, ***is a problem only because the solution — which is obvious — is ignored.***

There are times when only a powerful, merciless hand that wields terrible force is the solution. This is as true for individuals as it is for nations. And just as it is true that the *individual* who fails to employ destructive force when such force is required for legitimate defense will simply be beaten, maimed, or killed, so it is true that the nation that is reluctant to bring overwhelming force to bear when necessary will *fail* to defend itself, its citizens, and its interests in the world.

We have the problem of predation in all of its various forms because we ***TOLERATE IT.*** We tolerate it by default. We either do nothing at all, or we look for and carry out “solutions” that are so weak and ineffectual that they actually *encourage* the evildoers, rather than bring their activities to a halt.

It has been an obvious truth for thousands of years now that some people must be killed in order to protect against their deeds, or in order to punish them for and to prevent against any possible *repetition* of such evil deeds as they have already gotten away with.

A fully educated, dignified, rational, right-thinking human being is characterized not merely by his literacy, commitment to logic and rational discourse, absolute belief in the rights of man and political freedom, dedication to advancing technology, science, medicine, commerce, and the arts, etc.; he is characterized by his being ***ready, willing, and able*** to defend against savages and barbarians of all kinds who *threaten* these values. An intelligent man who is unable to defend himself will be the victim of the first brainless thug who targets him. A nation that purports to stand for civilized, rational human society but remains unwilling to eradicate savages and barbarians whenever and wherever these creatures rear their mindless heads and attempt to breach the rules of civilized humanity, will inevitably succumb in time to these scum.

Regardless of the particular case — be it great or small — and no matter the style of predation being perpetrated by those who would endanger, injure, subjugate, enslave, steal from, or murder one or more innocents, the solution is simple, clear, and in all instance ***THE SAME: Destroy utterly the evildoer(s). Without hesitation, regret, explanation, concern for public opinion, or mercy.*** That solves the problem.

So . . . what the hell is civilized humanity waiting for?

**NOTE:** While we do *not* advocate violating any laws it seems obvious that *no one* should venture forth on a seagoing adventure without being **heavily armed**.

Everyone aboard any vessel that enters potentially hostile waters should be equipped with, preferably, .308 military rifles or *at least* .223 weapons. Lots of 20-round magazines, and plenty of ammo. It also seems obvious that — given the state of the world — it is *insane* to travel in waters anywhere that are known to be infested with pirates.

### **You Should Always Be Armed**

**WEAPONS** are not “bad things”. They are tools. Righteously used, they are tools intended to increase and enhance their possessor’s ability to use force and to inflict injury to those who would subjugate, steal from, physically injure, or otherwise use physical force to *violate him*; or to do any of those things to those whom he loves and cares about.

The across the board mainstream condemnation of and conspiracy against firearms and formidably designed edged and other hand-held personal weapons is a major problem today — for those possessing brains, dignity, and a love of safety, security, and liberty. Anti-firearms people fall into one of three categories:

1. Essentially decent but misinformed people who, not having thought the matter through and, unfortunately, being brainwashed and propagandized by the mainstream media and the catastrophic bullshit that is passed off as “public education”, really believe that “guns” is the problem. These individuals think(?) that if firearms are banned from private ownership and use by the citizenry, violent crime will subside.

These people are **NOT** a problem for the rational minority, and they require only reasoned argument and a frank presentation of the facts in order to be swayed to the right side, and to understand the truth. Since these people *are* essentially decent and *do* genuinely have as their motive the desire to stop violent crime, they often become enthusiastic supporters of the right to keep and bear arms *once the facts have been made clear to them*.

2. People who personally do not like firearms. This is of course a personal decision, and people have as much right to elect *not* to keep and bear arms (**AS**

***INDIVIDUALS, MAKING THE CHOICE SOLELY FOR THEMSELVES***) as those who appreciate the importance of firearms have to make their choices for themselves. So long as a person who does not like firearms simply disdains their use *for himself*, and does not seek laws to regulate that which he doesn't like, he is on safe ground and represents no unjust threat to those who favor firearms.

3. Power lusters. These are dangerous, manipulating, controlling types — *political* types — who, in one form or version or another have been a threat to human beings throughout history. These creatures use rhetoric that suggests that they wish to have firearms controlled in order to “protect” the citizenry, *while understanding clearly that gun control achieves anything but such protection, and actually facilitates and encourages horrific violent crime — armed violent crime, at that. In the Middle Ages, these types enforced crossbow control.* All of the rhetoric spewed by these individuals is aimed at the majority who are easily duped, conned, and manipulated.

These creatures understand that ***PEOPLE CONTROL*** is facilitated and ultimately made possible by ***GUN CONTROL*** . . . and it is precisely that — i.e. ***people control*** — that this type ultimately seeks. It is in order to enable the citizens of this Republic to defend themselves *against* this type of powerlusting creature that the Founding Fathers agreed to include the second Constitutional amendment. This amendment does not, of course *give* anyone the right to keep and bear arms; it simply **acknowledges that such a right exists**, and it provides recognition that the protection of that right — like the protection of *all* of our rights — is the proper purpose of government.

Enough of the civics lesson.

The fact of the matter is that, in today's feral world, being armed simply makes good common sense. Unarmed combat skills are of course essential. They not only provide a physical means of defense, they also provide a foundation upon which additional physical means — via the employment of weapons — may be built and maintained.

Our position in *AMERICAN COMBATO (JEN•DO•TAO)* is and always has been that **UNarmed** self-defense should be utilized only when armed defense is illegal, impossible, or for whatever reason unwarranted (**rarely**). We see not the slightest justification for the victim of a violent attack not to employ a tool of personal protection (i.e. a **weapon**) even though a violent offender is not apparently armed, himself. ***Why should not the innocent victim of physical violence be invariably***

*justified in utilizing whatever means he may have at his disposal to save himself or someone he loves from injury or death? By what perversion or subversion of the concept of “justice” has it been deemed proper for any violent offender to possess any rights or privileges that would enable him to escape **ARMED AND DEADLY** resistance when he extralegally undertakes to impose violence upon another individual?*

We advocate obeying the law, of course. We speak now about a *moral* and *personal* viewpoint. We urge everyone whom we teach and who reads that which we write to strictly obey all laws, and *never* to act in a manner that fails to accord with whatever legal regulations regarding weapons and self-defense exist where he lives.

Regrettably, the underlying premise of our system of jurisprudence (or is it juris**IM**prudenc<sup>e</sup>?), which as we understand it is based upon English common law, is that one may use *that amount of force that is necessary to stop the attacker, and no more*. This, in addition to what we believe is the horrendous violation of our basic human rights and which manifests today **EVERYWHERE** as restrictions on firearms, edged and other personal weaponry, has provided every violent scumbag everywhere an enormous advantage and benefit over the decent citizenry who find themselves needing to defend themselves and their families.

You see, the truth is that *there is no possible way to tell how much force is called for when another individual — or when other individuals — attack you*. You can guess. You can take a chance. You can gamble. But if you are wise, you will **ASSUME THE WORST**. You will not give some physically abusive piece of sewer garbage the opportunity to benefit from your mercy or compassion or forbearance or restraint. Why should you? *You*, after all, did not ask for or want this predicament. Why should you needlessly risk injury or death simply because your attacker’s initial action does not clearly indicate his murderous intent?

Our personal opinion may be argued endlessly, but we are not interested even slightly in hearing opposing views. In a dangerous situation it is **WE** — and not the disinterested “debaters” who will pay the price for a wrong decision that we make when and if we miscalculate the gravity of a threat directed against us. **To hell with that!** We *understand* violence. We *appreciate* that which goes on in the real world; and our position is: *You attack us at YOUR peril.*

If we have access to a weapon when we are attacked, it will be used — in all but the most obvious of exceptional instances that would not merit its use.

Get rid of the idea that defending yourself is a kind of “contest” or a “match event”. The idiocy and foolishness that has taken hold of the so-called “martial arts field” in the last several decades has made practically each version of the classical/traditional disciplines — and the entire study of self-defense — *laughably inappropriate* for the purpose for which the combat arts were originally intended.

Entirely aside from the groundgrappling and cage fighting and challenge event nonsense, the idea — held and expressed by many *martial arts teachers!* — that it is undesirable to carry and use a firearm in self-defense, that a fighting knife is not recommended for personal protection, and that halving an intruder’s skull with a fighting tomahawk, etc. is somehow “**unmartial artsy**” smacks of mass delusion and entrenched incompetence.

Certainly everyone has a perfect right to pursue whichever type or style of martial art he wishes. That is not the point. The point is that — for **self-defense** and for **actual close combat** — the study must be undertaken with *reality* uppermost in mind. That means modern weapons proficiency. It also means unhesitatingly using *anything* as a weapon — rather than fighting barehanded — if and when you ever need to defend yourself. It also means ***striving never to be unarmed.***

Obey the law. However, to the extent that the law in your location permits it, be as well armed as you possibly can be; and be armed *all of the time*. Be ready, willing, and able to use whatever weapon you have available at the time, to defend yourself and to protect those you love. **And if the need arises, use your weapon with not the slightest mercy, compassion, hesitation, delay, or reluctance.**

Weaponry is *integral* to the proper study of personal defense. Weapons are **NOT** the province of the police officer or soldier, only. Nor should the citizen of the United States of America ever forget that in this Republic — as it was bequeathed to us by those Giants who Founded it — it is the police and the military who get *their permission* to carry and to use arms from **WE**, the *people*. **No good law enforcement officer believes otherwise, and no person wearing the uniform of our Country who deserves his citizenship believes otherwise.**

Let’s see to it that those who presume to hold claim to the title of **FREE PERSONS** and who, as free persons, undertake to train in the noble arts of personal defense and close combat, do not believe otherwise.

## The Knee Attack

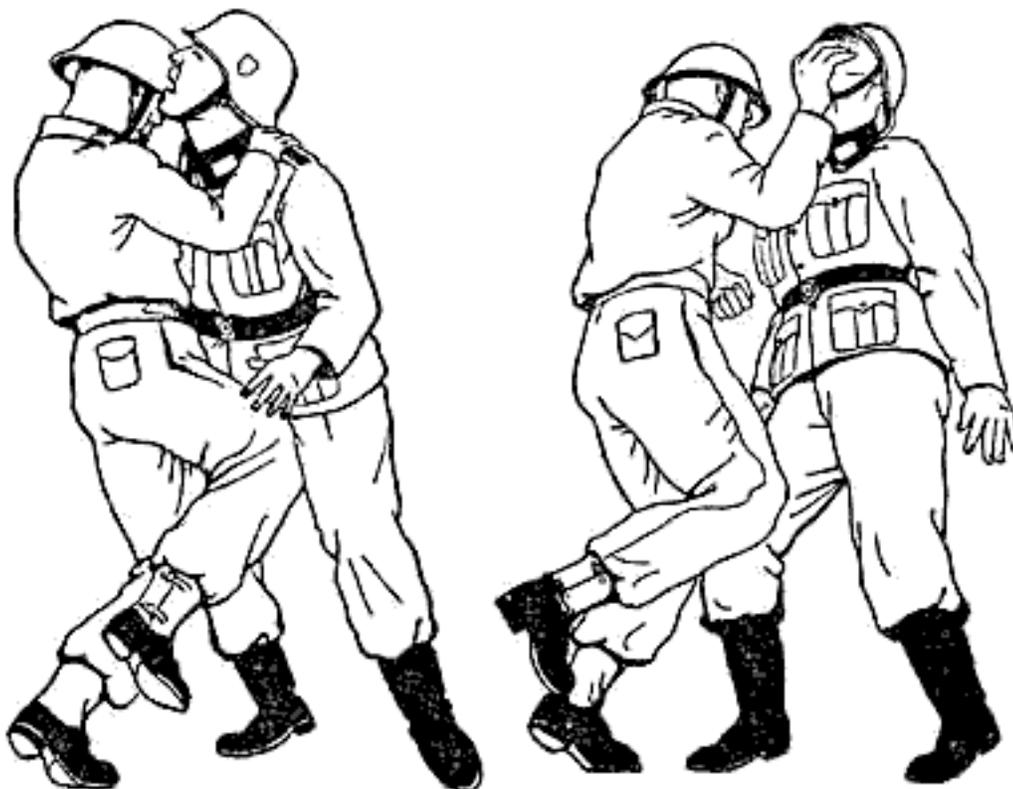


Fig. 13

Fig. 14

ABOVE ILLUSTRATION FROM FAIRBAIRN'S CLASSIC *ALL-IN FIGHTING/GET TOUGH!* DEMONSTRATING THE WAR-PROVEN *KNEE TO TESTICLES* WHICH WAS ONE OF THE FEW BASIC BLOWS ADVOCATED IN THE SHANGHAI BUSTER'S WARTIME PUBLICATION. THE BASIC BLOW IS NICELY DEMONSTRATED IN THE PICTURE ON THE LEFT; WHILE THE PICTURE ON THE RIGHT SHOWS HOW A CHINJAB SMASH CAN OFTEN BE USED TO EXCELLENT EFFECT AFTER KNEEING AN ADVERSARY.

**WHEN** analyzing and selecting techniques for one's personal defensive repertoire it is easy to miss the forest for the trees. That which is *simple, basic, easily learned, widely adaptable, and readily retainable* gets passed up for what is more impressive appearing and a greater challenge to master and perform well. The *knee-to-the-testicles* blow is a good example. One can learn the technique in five minutes. Once learned only a moderate amount of practice is needed to develop and to retain the action at a reliably usable level of proficiency. The knee attack is adaptable to *dozens* of general close combat and self-defense emergencies, and while *never* is it wise to anticipate a "one blow stop", it is a fact that there have been instances when a fast, powerful knee in the right place and at the right moment has ended the fight!

The knee blow is one of our *basics* in *American Combato*, and we teach, train, and drill the action so that every possible *practical* use and application of it is well absorbed by the student, over time. Among the fine points and advisements that guide our teaching of this great technique are the following. We hope that a study of them will help *you* in mastering this outstanding combat technique:

1. Always employ the knee-to-testicles at body-to-body distance — never when there is a discernible gap between your body and that of the adversary's.
2. If at all possible *seize the enemy hard*, using both hands, and yank him in close to you (not in order to *bring* him in close, but rather in order to *keep* him there). Seizing the *ears* is a great tactic! (**Note:** *Never* actually take hold of a practice partner's ears. The ears can be ripped off the head rather easily, with determination and ferocity behind your onslaught.)
3. Drive your knee **UP** between the enemy's legs, and directly **INTO** his testicles. You are not kneeing his *groin area*. You want to smash powerfully into his *testicles*, per se.
4. Strive, when delivering your knee blow, to drive your knee *out, through, and between* the adversary's shoulder blades. Do **not** knee "onto" the groin. Strive literally to crush the testicles completely.
5. Flex your leg fully when kneeing. Your leg should not be at a right angle, but should flex fully as though you were striving to kick yourself in the buttock with your heel.
6. ***Knee repeatedly***. If the enemy doubles over, knee him in the face.
7. Be sure to bring the foot of your kneeing leg *down to touch the ground* after each knee blow.
8. From a purely defensive or counterattacking standpoint: Condition yourself to apply a powerful, fast knee-to-testicles whenever an attacker is in close. Not only is the blow a "natural" for all instances when you are *pulled* toward an attacker with either one or two hands, it is also an excellent action when cornered or crowded against a wall, or when an enemy attempts a frontal encumbering body hold. It has application, too, if you are pulled up out of a chair, etc. Females, using subterfuge, can step in close to a would-be attacker and, using a deceptive smile — *appearing* to want to be in close — set up a male assailant beautifully for

this attack. Men keep in mind that delivering the knee-to-testicles also protects your own groin area and testicles from attack.

Technical performance of the knee attack should be restricted to the *straight up* action, driving it directly up the centerline of your own body. We do ***NOT*** recommend using the knee in a “roundhouse” fashion — ever. This can result in seriously dangerous exposure to your own testicles, in precarious balance, in a much-too-soon delivery of the knee (thus telegraphing), and — despite what you may be taught in some schools, books, or seminars — a ***very weak and ineffectual blow*** under combat conditions.

At an advanced level of training in *American Combato (Jen•Do•Tao)* we introduce our students to a *jumping knee blow* — derived from French *savate*. But even here, the target is struck with the same *straight up the centerline* delivery. The jumping knee is neither for everyone (some people do not like it, and should not use it) nor for *anyone* with less than advanced-level development. We mention it here only to fully explain the manner in which we utilize the knee as a weapon, completely — for our visitors’ benefit.

On occasion the knee may be employed against the face of a *tackling* adversary, or of an adversary who has grabbed one over the arms from the front in a *low* position (i.e. pinning his forearms). When pinned against a wall (***never*** when free standing!) the knee-to-testicles may be employed with an immediate followup of a stamping inside or outside of the foot edge kick to the enemy’s lower leg and foot. Clearly a knee-to-the-testicles is a great set up for all sorts of followup. Experiment.

### **The Simple Basics Will Do It!**

**THE** front kick is one of the key basic blows of real world unarmed combat. And you will benefit by considering how effectively a trained and conditioned man can be when using this blow, after appreciating how an *untrained* but determined **12 year old girl** managed to thwart a home invader with an intuitive — rather than technically “correct” and “trained” — front kick! The following news story from the U.K. should give all of you incentive to work **very hard** on your front kicks and other basics when next you have a training session!

***B R A V O!!!!!!!!!!!!!!!!!!!!***

*Be sure to read our comments following this marvelous news story!*

# **Home-alone girl, 12, foils burglar with a kick to the groin... then draws a picture of him for police**

By [DAILY MAIL REPORTER](#)



**AN E-FIT OF THE BURGLAR DRAWN BY 12-YEAR-OLD GEORGIA**

**A** hapless burglar came off second-best after he was caught red-handed by a home-alone 12-year-old girl - who promptly kicked him in the groin. Brave Georgia Bulis-Gray went to investigate after she heard a door slam

in her parents' kitchen and found herself confronting a hooded intruder. The schoolgirl, who said she didn't want the smirking man to think she was helpless, kicked him hard, forcing him to flee in agony from the house in Bosham, West Sussex.

Georgia then called the police and even had the presence of mind to do a quick sketch of the man she had just seen.

Georgia, a second year pupil at Chichester High School, West Sussex, said: 'He just smiled at me and I thought, "I do not want him thinking I am just a helpless little girl".'

'It made me angry that he was doing something wrong and I did not want him to think that just because I am a little girl it did not matter what he was doing.

'He looked shocked that I did not scream or run away and faced up to him. I kicked him very hard and he groaned and then ran out of the side gate.

'I ran to the front door to see which direction he was running to. I did not want him going to anyone else's house.'

Georgia said of her 'photo-fit' sketch: 'It is not very good but I knew I had to draw something while his face was still fresh in my mind.'

Relieved mother Joanna, 48, admitted she was amazed at the bravery of her daughter in such a highly-pressurised situation.

She said: 'I am very proud of her she was incredibly brave to do what she did. He was a lot bigger than her.

'When she told me what she had done I was absolutely terrified. I dread to think what could have happened.

'I kept asking her if she was OK but she was so calm. I do not think I would have reacted like that; it is amazing how cool she was under pressure.

'She did not even want to tell me what had happened to start with she was calmly making supper and said, "Mum, something a bit odd has happened".'

'On reflection, I worry that kicking him might have provoked him but maybe if she had not done it he might have locked her in her room or hurt her.'

The man, described as being white, of pale complexion and aged between 18 and 20 managed to escape the scene and a Sussex Police investigation is ongoing.

A spokesman for Sussex Police said: 'Georgia showed tremendous bravery to confront the intruder.'

Now pay attention to the following .....

- The girl ATTACKED, and attacked FIRST (i.e. she preempted)
- The girl had the right mindset
- The intruder *did not expect the child's reaction to be what it was* — the **element of surprise** was capitalized upon
- It was a **BLOW** that speedily enabled the child to defeat the larger, stronger, male intruder
- The girl was **angry** and channeled that anger into *action*

**Never mind wasting money of the newsstand martial arts magazines! Just read the newspapers and listen to the news reports of how REAL people successfully defend themselves against REAL attackers in the REAL world! Then make certain that your own training reflects what the facts teach us all about what wins in actual (rather than in sporting, or in theoretical) encounters.**

---

As we receive numerous requests to quote items that appear here in *Sword & Pen* and on our other site, [www.seattlecombatives.com](http://www.seattlecombatives.com), from the various sections there, we will again state the terms by which our material may be used **and used only non-commercially**:

- 1. We must be quoted in context.**
- 2. Credit must be given for that which is quoted/referenced.**
- 3. Neither obvious nor implied endorsements of *any* teacher, system, product, publication, or school may be made with our material, or by suggesting that we, personally, endorse same. ONLY that which we specifically endorse *in writing* may be utilized as an endorsement or suggestion of our personal agreement.**

It must be remembered that *Sword & Pen* and the entirety of [www.americancombato.com](http://www.americancombato.com) and [www.seattlecombatives.com](http://www.seattlecombatives.com) is copyrighted, private intellectual property. Anyone interested in the *commercial* use of any of our material should contact us directly, in writing.

---

**PLEASE be sure to tell others about this and our other web site. We would like as many as possible to benefit from the information and technical advice that we provide!**

Until next month, we wish you good training!

Stay combat ready!

*YOURS IN DEFENSE,*

*Prof. Bradley J. Steiner*

**[www.americancombato.com](http://www.americancombato.com)  
[www.seattlecombatives.com](http://www.seattlecombatives.com)**

— e n d —